

How to get a ¹³C Breath test examination?

Dear patient,

for correct test results, it's necessary that you keep a few points in mind. This list should help you. All further queries can be clarified in the examination.

Best regards,

Labor Dr. Krause & Kollegen MVZ GmbH

Test preparations:

1. These drugs should not be taken in the last 4 weeks before your examination:

- Antibiotics (eg for bronchitis, cystitis, etc.)
- gastrointestinal drugs (eg antacids (Renni, Maaloxan, Bullrich salt ...); acid blockers (omeprazole, pantprazole ...))
- Antihistamines (eg ranitidine ...)

2. Please note the following points before and on the day of the examination:

The day before:

- Do not eat 12 hours before the examination

The day of the examination:

- only drink tap water
- don't smoke

Test duration:

45 minutes

How the ¹³C breath test runs:

1. You blow up a bag.
2. You drink a glass of juice / water in which ¹³C-labeled urea is dissolved.
3. Blow up a second bag after 30 minutes.

How to contact us:

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(Abteilung: Verwaltung, 1. OG)

Tel.: 0431/ 22 010-200 (Mo.-Fr.: 6:45 – 15:15 Uhr)

Your appointment:

Date:

Hour: _____ **o'clock**